

## How To Word The Spiritual Bouquet

Writing out a spiritual bouquet message is as easy as jotting down a note on a simple card you make and simply decorate, perhaps adding some religious images, to let Mr. Lai know what has been offered up for them.

You can even use a store bought card and write the spiritual bouquet on the inside of it.

Here are some ideas that might help get you started:

- “A spiritual bouquet in your honor...” under that “The following prayers have been offered up for your intentions” (then list the prayers or other spiritual offerings)
- “I, (name here) have offered (prayers/other spiritual offering here) for your intentions. God bless.”
- “The following have been offered for you and your intentions:”

## What Can Be Offered In A Spiritual Bouquet

Any prayers or offerings can be included. Here are some ideas of things you can consider.

A certain number of specific prayer (10 Our Fathers, etc.)

A Novena (applicable to Mr. Lai during this period of difficulty)

A Mass (talk to your local parish about having a Mass said for the intentions of Mr. Lai)

Visiting the Blessed Sacrament in Adoration

Offering up a certain number of Holy Communion

A Rosary

A certain number of good deeds or sacrifices

Any other fitting prayer

## Please mail Mr. Lai's Spiritual Bouquet to:

Mr. Jimmy Lai

#190

11 Convent Road

Convent Station, New Jersey. 07961